



LONGNOR

CE Primary School

E-Safety News

Inspiring a lifelong love of learning.

11th February 2022

As it has been Safer Internet Day for the UK this week, I'd like to launch an 'E-safety News' part to the newsletter. The SOUL team will be giving you updates from now on in the newsletter, but every half term—before the holidays—I'd like to give you some top tips to support with the ever-changing world that is the internet.

Parents' digital safety and wellbeing kit

The Children's Commissioner for England, in association with the law firm Schillings, has produced a digital safety and wellbeing kit for parents and a safety guide for children to help keep children safe and well online. The digital safety and wellbeing kit provides useful tips and guidance to help protect your child on a range of issues including video calling, how to ensure your device and web browser are set up and updated correctly and tips regarding best practice with your username and passwords.

The kit also contains updated guidance around the **digital 5 a day guide** which looks at how to balance your child's screen time and improve their wellbeing.

Read the news story: Children's Commissioner for England

Digital safety and wellbeing kit

Download the kit: Children's Commissioner for England

Parents' digital safety and wellbeing kit (pdf)

Download the guide: Children's Commissioner for England

Children's guide to staying safe online (pdf)

Age and content ratings on apps and games

The O2 and NSPCC has produced a really useful summary to help make the different companies' age and content ratings easier to understand and it can be found here:

Net Aware | Age and content ratings on apps and games

O₂ | NSPCC

Let's keep kids safe online

Home activity packs

The **Thinkuknow home activity packs** contain simple 15 minute activities you can do with your family to support their online safety at home. They include conversation starters, practical tips and tasks to try as a family. The packs have been created to cover different areas of online safety for each age range, using the Thinkuknow resources.



For Early Years and Primary aged children

[Thinkuknow home activity packs for children aged 4-5](#)

[Thinkuknow home activity packs for children aged 5-7](#)

[Thinkuknow home activity packs for children aged 8-10](#)

For Secondary aged children

[Thinkuknow home activity packs for children aged 11-13](#)

[Thinkuknow home activity packs for children aged 14+](#)

TikTok checklist

TikTok is a social media app that lets subscribers create, share and view other users 60 second videos. The official age rating for the app is 13 and above but users do not have to prove their age when creating an account, so younger children can still use it quite easily. It's most popular with under-16s. SWGfL and the UK Safer Internet Centre in collaboration with TikTok has created a checklist which provides information about the app and how to stay safe with questions such as:

- What is TikTok?
- How to stay safe on TikTok?
- How to set up the parental controls?
- How to block users on TikTok?
- Where can I go for further support?



Download the checklist from SWGfL: [swgfl.org.uk | tiktok checklist](https://www.swgfl.org.uk/tiktok-checklist) (pdf)

Guides and checklists for other social media channels also available for parents and carers from [swgfl.org.uk](https://www.swgfl.org.uk)

Parentzone have also published this useful article for parents and carers:

[Parentzone | TikTok: everything you need to know about the video production app](#)



Child friendly search engine - swiggle.org.uk

Swiggle is a search engine designed to provide a safer environment for children taking their first steps on the road to safe online searching.



Powered by Google Custom Search, it provides:

- keyword filtering to stop inappropriate search terms being used
- Google Safe Search filtered results, with a bias towards UK educational resources
- browser extension to cover your screen if your child finds something inappropriate, through Swiggle or not
- reporting tools to notify Swiggle of any content you think shouldn't be indexed, or for schools to notify their system administrator to block particular websites
- a friendly character that can guide children through how to search, report, and customise Swiggle
- an Ad-free experience

Find out more at swgfl.org.uk/ | [swiggle](http://swiggle.org.uk)

Try swiggle at: swiggle.org.uk



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Please take care online.

Information in this leaflet has been selected from Herts for Learning. There are many other leaflets online that are worth a read.

Don't forget the UK Safer Internet Day resources too!

Stay safe surfing the web!

[UK Safer Internet Centre](http://www.saferinternet.org.uk)