



# WREKIN ORIENTEERS

## Summer Orienteering Events



**Come and have a go at orienteering!**

<b>Saturday July 23<sup>rd</sup></b>	Lilleshall National Sports Centre
<b>Saturday August 20<sup>th</sup></b>	Telford Town Park
<b>Saturday September 3<sup>rd</sup></b>	Cardingmill Valley, nr Church Stretton. <i>(There will also be a 'Long O' event going on for experienced orienteers)</i>

<b>What time?</b>	Start anytime between 10:30 and 12:00 noon Courses close 13:30pm
<b>How much?</b>	Adults £3 Juniors £2 (cash only)
<b>Can I go with a friend?</b>	Yes, absolutely! You can walk/jog/run and go round alone, in pairs or small groups.
<b>How far? Do I need experience?</b>	As a general guide, there will be 3 courses: <ul style="list-style-type: none"> <li>• Short: 1-2km. Suitable for accompanied young juniors (&gt;4yrs), competent older juniors (8-10+) &amp; novice adults.</li> <li>• Medium: 3-4km. Competent juniors, adults with some running or map reading experience.</li> <li>• Long: 4-6km. Very experienced older juniors, adults with orienteering experience.</li> </ul>
<b>What equipment is required?</b>	Comfortable walking/running clothes & shoes, sometimes there are nettles/brambles. A compass if you have one (not essential) Electronic dibbers can be borrowed (these record your time)

***NB: start locations and final details TBC***

Please keep checking:

- The Wrekin website: [www.wrekinorienteers.co.uk](http://www.wrekinorienteers.co.uk)
- Follow us on Facebook [#Wrekin Orienteers](https://www.facebook.com/WrekinOrienteers)
- Or Email [enquiries@wrekinorienteers.co.uk](mailto:enquiries@wrekinorienteers.co.uk)

