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SPORT IN SOUTH SHROPSHIRE!

In South Shropshire our experience of PE and SPORT is competitive , fun , develops teamwork, leadership skills and social skills, it helps us believe in ourselves more, it is inspirational and aspirational.



Primary Teaching

Schools News—Primary Teaching!

This term Lyndsey Dillon has been delivering in Corvedale, Stokesay and Wistanstow.

Corvedale

KS2 classes have been learning Netball, Basketball and athletics, the school already have a good Netball team and have been able to refine and improve on their tactics and game play whilst developing passing ahead and marking players. In basketball we learned how to control the ball by passing, dribbling, guarding and shooting, the pupils worked really hard and thoroughly enjoyed it. Athletics was great as we understood how a sport can allow different people to shine, some weeks we had amazing speed or stamina and some weeks we had pupils throwing things out of the school grounds!! KS1 looked at teambuilding games improving on their social abilities and problem solving skills and then went onto ball skills using different equipment and parts of their body to keep control of the ball and send it to targets, they are a great bunch who always try their best.



Stokesay

This term all classes have been taught by Miss Dillon, KS1 classes have looked at gymnastics and have improved on their travel, jumping and landing safely from height using shape, rolling and sequence work, the Christmas stage was even used as equipment! KS2 looked at Netball and with great gusto the lessons even took over the play time with pupils organising their own games! The Stokesay school is proud to have a Netball club with already several keen players that attend hotshots so the delivery of the activity looked at tactics and ensuring clean delivery of passing and marking was good. The Bronze ambassadors at Stokesay are also now reporting on events and have been spotted writing and snapping away – what super practice – something to share!



Wistanstow

At Wistanstow class 2 and 3 have looked at Basketball in gym, the pupils are always super keen to take part in PE and have great competitive spirit, the basketball was great learning to dribble, pass, guard and shoot. In gym we made the best of the equipment available in the beautiful village hall, we looked at balance's individual and partner and sequence work. We also used the benches and tables to look at jumps using shape.



School News—Primary Teaching!

Primary teaching delivery from Miss Beamond!

Bishops Hooper

Miss Beamond has been teaching Multi-skills and Ball Skills such as rolling, throwing, spatial awareness, moving / running, jumping and catching to KS1. We went on many themed adventures throughout our lessons including the moon, the jungle, under the sea and a superhero mission! The children used a variety of different equipment including beanbags, balls and coits. Two children in each class (1 and 2) received the best effort and best performer certificate for all their hard work. All also developed their dribbling skills using their feet.

Miss Beamond has been teaching Football and Dodgeball to KS2. Pupils have been using a scope of techniques when passing, shooting and dribbling the ball with control in Football. These classes have also **learnt** how to defend and attack effectively in a football game. Their knowledge of positional awareness on the field of play has increased and confidence to play in a preferred position has been shown. In Dodgeball, the children have learnt techniques to avoid being hit and the rules surrounding a player coming back into the game including ways this can be achieved.

Miss Beamond has also delivered a KS2 basketball after school club the first half term and a KS1 gymnastics after school club the second half term.



The Bronze Ambassador's delivered an Archery event to Class 3 and Class 4.



Cleobury Mortimer

This term Miss Beamond has been teaching Dance to KS1. Pupils have demonstrated a variety of dance styles including modern. On their own and in pairs the children have composed their own creative and complex dance routines using motifs, rhythm, space and structure by exploring and improvising ideas for dances in different styles. Y2 have focused on 'Explorers' as their theme. Y1 are focusing on 'Superheroes' and YR are looking at 'Ourselves'. The children have learnt what it means to become a 'champion dancer'.

Miss Beamond has also delivered an after school KS1 dance club. We have performed different dance disciplines including modern, jive, cha cha and even a bit of zumba!

Primary Teaching

Schools News—Primary Teaching!

Onny

KS1 have been doing Multi-skills and Ball Skills this term with Miss Beamond. The children have been concentrating on rolling, throwing, spatial awareness, moving and catching. They have used a variety of different equipment including beanbags and balls. The children have put these basic skills into a simple game situation. They enjoyed playing lots of running around games too!

The Y6 Bronze Ambassador's delivered a Kurling event to Beech and Ash Class.

This term Miss Beamond has been teaching Football and Basketball to KS2. Pupils have been performing a range of techniques when passing, shooting and controlling the ball whilst dribbling. These classes have also learnt how to defend and attack effectively in a football and basketball game. They have developed positional awareness on the field of play and demonstrated confidence to play in a preferred position.

Miss Beamond has also delivered a lunchtime KS2 dance club this term where the children have used different styles and disciplines to create their own complex routine.



Ludlow Primary

This term Miss Beamond has been teaching Y5 how to play High 5 Netball. The children have been focusing on achieving throwing, spatial awareness, moving and catching skills. They have developed their passing technique using netballs. Teaching has also included the footwork rule in netball as well as how to attack and defend in High 5 Netball. The children have put these basic skills of throwing, catching, passing and footwork into a simple game situation. The half term finished with an inter-house netball competition between the two Y5 classes.

Miss Beamond has also delivered Invasion Games to Y4. Pupils have been using a scope of techniques when passing, shooting and dribbling the ball in the sports of basketball, football and hockey. They have also learnt how to defend and attack effectively in each of the 3 sports. The children have looked at the similarities of passing in basketball and netball as well as the differences of dribbling in football, basketball and hockey. All have learnt how to correctly and safely handle a hockey stick when dribbling, passing and shooting.



Schools News—Primary Teaching!

Burford

This term Miss Beamond has been teaching Netball and Hockey to Class 4 (Y4/5) and Class 5 (Y5/6). Pupils have been performing a range of techniques when push passing, shooting and controlling the ball whilst dribbling in Hockey. These classes have also learnt how to defend and attack effectively in a hockey game. In Netball the children have been focusing on achieving throwing, spatial awareness, moving and catching skills. They have developed their passing technique using chest, bounce and shoulder passes. Teaching has also included the footwork rule in netball as well as how to attack and defend in High 5 Netball. The children have put these basic skills of throwing, catching, passing and footwork into a simple game situation.

Four of the Y6's also did some bronze ambassador training with Miss Beamond, they were taught how to do Boccia and Archery. They used this knowledge to lead a Boccia event within the school to Class 4 and 5.



Bishops Castle

This term reception and year 1 have been focusing on their fundamentals and developing their skills and understanding of travelling in different ways. We have focused lessons on; balancing, running, jumping, hopping and skipping. Class 1 have made some excellent progress in this unit and have been really engaged in their PE lessons this half term. Year 1 & 2 have been focusing on their ball skills, and have participated in lessons developing their passing using a football and netball. They have also developed their dribbling skills using both a football and basketball and have been able to use all of these skills effectively in lots of different game situations. Well done class, you have made some great progress! Year 5 have completed their football unit. They have been focusing on developing a wide range of skills relating to football. We have looked at being able to send and receive the ball effectively, moving and dribbling with the ball and being able to keep possession of the ball as a team in game situations. Children have developed their understanding of some of the rules within the game of football and have shown some great team work and communication when playing in competitive game situations.

Lydbury North

Key stage 1 began this term focusing on a range of invasion games. We looked at developing our throwing and catching skills and how we can gain and keep possession of the ball as a team. The children showed great progress throughout this unit and were able to participate in a range of competitive games as a result. The children have developed their ability to follow the rules of a game safely and to work as a team. Key stage 1 then moved onto focus on their throwing and catching where we have developed our skills and understanding of how to perform an overarm and underarm throw correctly and demonstrate the correct technique when doing so. Key stage 1 has made some great progress this term, well done! Key stage 2 began this term preparing for the Cross-Country event where they spent a number of lessons looking at how to pace themselves when they are running so that they are able to run for longer and do not start too fast. They then moved on to develop their football skills, looking at passing, dribbling and keeping possession of the ball as a team. The children were able to participate in competitive games showing respect and a great understanding of the rules of the game. They also demonstrated some great team work. Key stage 2 continued to develop their team work throughout the dodgeball unit of work. They had to work together as a team and come up with a range of tactics they could apply in their games in order to try and win. The children have developed their understanding of a wide range of tactics and skills as well as their throwing and catching technique throughout these lessons. All children have thoroughly enjoyed the dodgeball lessons this term.

Autumn Events

This Autumn we have had KS1 events, X Country years 1-6, Basketball festival, Dodgeball years 3-6 school games competitions, cricket years 1-4, and leadership training both play leaders and bronze ambassadors. With all 17 schools represented in more than 1 event and 1439 pupils ranging from year 1-6 representing their schools.

School Games news!

Well done to those who schools who are going through to represent our area in the School Games finals in Dodgeball – for the year 3/ 4 competition we have Burford and St Lawrence, and for the year 5 /6 we have Cleobury Mortimer and Ludlow!



Cardingmill Valley Cross Country

WOW! 642 pupils from year 1 -6 ran the challenging courses, uphill, downhill over streams, over rocks facing good and bad weather ! Always a brilliant event with support from the NT team led by Tom Blackwell, and support from our team of year 9 CSS leaders.



Bronze Ambassador training days..

We worked across the 3 areas – CSS / LUD / CCBC to deliver bronze ambassdaor training for year 6 leaders – they worked on team building, communication and management skills as well as learning how to deliver boccia / Kurling / Archery and tri golf. So far there has been many festivals taking place in each school so well done to the leaders – bringing more events into their schools and increasing participation!



KS1 Invasion and Santa workshop festivals

This year we are using the year 7 leaders (mostly last years BA's) to run the KS1 events this means the leaders get to further develop their leadership skills, in all areas they have done a brilliant job, filled with enthusiasm and ideas. The KS1 events have been a huge success with 300 year 1 and 2 children taking part in each event.



Indoor cricket events

The indoor cricket events led by Shropshire cricket board and supported by TSA and our amazing young leaders were a real success with year 1-4 pupils in the 3 areas playing some great games like Jamaican street cricket and learning some key skills to support their success.



Basketball festival at CSS

As part of our offer to try to encourage more pupils to take part in a wide range of activities we organise regular festivals that allow pupils who may just want to play for fun in a less competitive environment take part – these vents also allow our year 9 leaders improve their skills as coaches and officials without the pressure of school games competitions. The basketball was a great success with 15 teams from 9 schools across the south area.



School Games Dodgeball year 3 4 and 5 6

CSS hosted the School Games Dodgeball competition for the South area, and what a fantastically busy time we had with 270 pupils firing balls and showing great athletic ability to dodge out of the way and some incredible catching. The leaders worked their socks off keeping up with the space of the games. The schools were broken into pools and then the top 2 in each pool went through to the second stage whilst the others played friendly games ! Amazing results seeing schools from Church Stretton area, Ludlow area and Lacon Child area representing the south in the county finals GOOD LUCK YELLOW ARMY!!



Autumn Events

Bronze Ambassador Training

At the beginning of this term children from Bishops Castle Primary School, St George's and Lydbury North attended the Bronze Ambassador Training at Bishops Castle. This session focused on how to lead a group effectively and how to ensure activities are safe. The children participated in four different activities and learnt from the leaders how to lead the activity as well as how to play it as they all participated in; archery, boccia, kurling and tri-golf. The children were then able to lead one of these activities to the rest of the group. The aim is for the group to now go back into school and lead the four activities to a class. They have also been provided with their log books to track any leadership activities that they complete.

Good luck to you all!



Year 3 and 4 Indoor Cricket

Owls class from Bishops Castle Primary School attended this event, and what a great afternoon it was. All of the children were split into teams, and then participated in an indoor cricket tournament. The children all had an excellent afternoon, and with the help from the leaders developed their skills within batting and fielding. There was some excellent batting and running and some fantastic fielding and catching. Some of the games were so close in terms of the final result, with one team scoring the last run within seconds before the final games were finished in order to win the competition.

Well done to all who participated in the event!



Active Play Leader Training

Year 5 children from Lydbury North and Bishops Castle Primary School attended the active play leader training afternoon. The idea of this was for the children to then go back into their schools and deliver games on the playground during break and lunchtime.

They looked at; how to get a groups attention, how to explain activities, how to ensure activities were safe and how to make an activity easier or harder. Children participated in a range of games that provided equipment and some that didn't to provide them with some ideas they could use on the playground. Children then have the time to work in a small group to create their own game and practice their leadership skills by leading this game to another group. I was really impressed with the engagement throughout the afternoon from all children, and look forward to seeing lots of games being delivered on the playground!



KS1 Santa Workshop

This was an excellent afternoon and all the children who participated had a great time. The children were put into small groups, and then rotated around each of the different activities throughout the afternoon. They participated in games such as; delivering presents relay, snowball target practice, making cookies, hit the snowmen and the northern lights.

Well done to the leaders from Community College who helped to lead the event and a massive well done to all children who participated!

